

BOSNIAN PYRAMIDS RETREAT

A transformational,
consciousness expanding,
healing journey to the
Bosnian Pyramids

september 26 - 30, 2024

Urtema Dolphin and Caleb Jude Packham invite you



This September 26 - 30, join Urtema Dolphin and Caleb Jude Packham on their exciting return to the awe-inspiring Bosnian Pyramids. Experience the soul-nourishing energy of the Pyramid Complex at Visoko, home to the world's largest pyramid, the Bosnian Pyramid of the Sun. Standing at over 220 meters, it's taller than Egypt's Great Pyramid and carbon-dated at around 25,000 years old. Witness the strange electromagnetic phenomena atop the pyramid and within its vast underground tunnels. This incredible discovery challenges our understanding of history and reveals the profound technologies of our ancestors.

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our *intentions*

Reconnect with ancient mysteries, healing vibrations and the sacred geometry of these structures. Discover your soul's true purpose and express it fearlessly. Return from this retreat with insights and keys to fulfil your soul's dharma, empowering you to fully engage in humanity's evolutionary leap of consciousness.



What to expect

ancient *mysteries*

Explore the Pyramids: Embark on a quest to unearth the deep hidden secrets of the Bosnian Pyramids of the Sun, Moon and Dragon.

Tunnels at Ravne: Explore the vast labyrinth of passages, ancient energy channels and sound chambers which contain exceptionally high concentrations of negative ions - 43 times higher than the average concentration outside.

The Stone Spheres of Zavidovici: Wander through an enchanting valley of stone spheres, the largest measuring 1.7 metres. Nestled in a stream of crystal-clear water, these mysterious formations remain an anomaly, marking a place where the veil between worlds is thin, allowing a deeper connection to the elemental realm.





What to expect

spiritual *practices*

Guided Meditations: Clear energies, open to receive and integrate.

Shamanic Sound Healing and Activations: Experience powerful vibrations of sacred sound within the pyramid structures.

Medicine Ceremonies: Sacred Cacao and Blue Lotus ceremonies to enhance integration of energies and frequencies, expanding heart and unity consciousness.

Yoga: Practice hatha, pranayama and kriya to connect deeply with your inner essence, harnessing the infinite source of energy within.





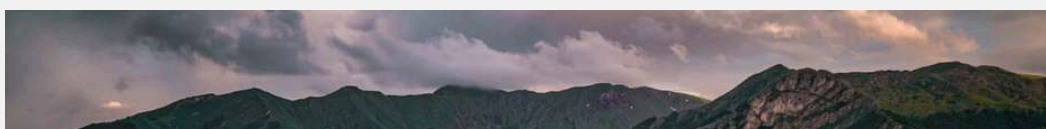
What to expect

nature & *relaxation*

Scenic Hikes: Explore guided hikes through the lush landscapes surrounding the pyramid complex.

Spa Facilities and Pool: Rejuvenate and refresh with spa, sauna and pool facilities, preparing for the next day's adventure.

Tasty and Nutricious Cuisine: Enjoy delicious, vegan / vegetarian meals prepared with fresh local ingredients.



Stay at the luxurious Hotel Vema, situated in the heart of Visoko



Just 3 kilometers from the pyramids, Hotel Vema is the perfect base for our retreat. Enjoy elegantly decorated rooms, a wellness and spa center, fitness facilities and an indoor climbing wall. The observatory offers breathtaking stargazing opportunities, while two restaurants will provide us with delicious vegan/ vegetarian meals. After our daily explorations, unwind in the indoor pool or relax in the spa.

september 26 - 30, 2024

Your hosts



I am a dedicated and compassionate yoga teacher specialising in Sattva Yoga, a blend of ancient yogic practices, mind-body research and contemporary science, fusing hatha, breath-work and kriya yoga. As the founder of the yoga brand Wellness Warrior and author of *The Power of Yoga for Men* (Bloomsbury Publishing), I am committed to guiding individuals toward physical, mental and spiritual wellness through these ancient practices. Passionate about making yoga more accessible to those who might not typically feel comfortable stepping into a yoga studio, I teach in unconventional spaces and have staged large-scale yoga events in iconic London venues such as the Ministry of Sound nightclub, Paddington's Floating Pocket Park and The View from The Shard.

I'm delighted to returning to the Bosnian Pyramids for what will surely be a magical adventure!

Caleb Jude Packham

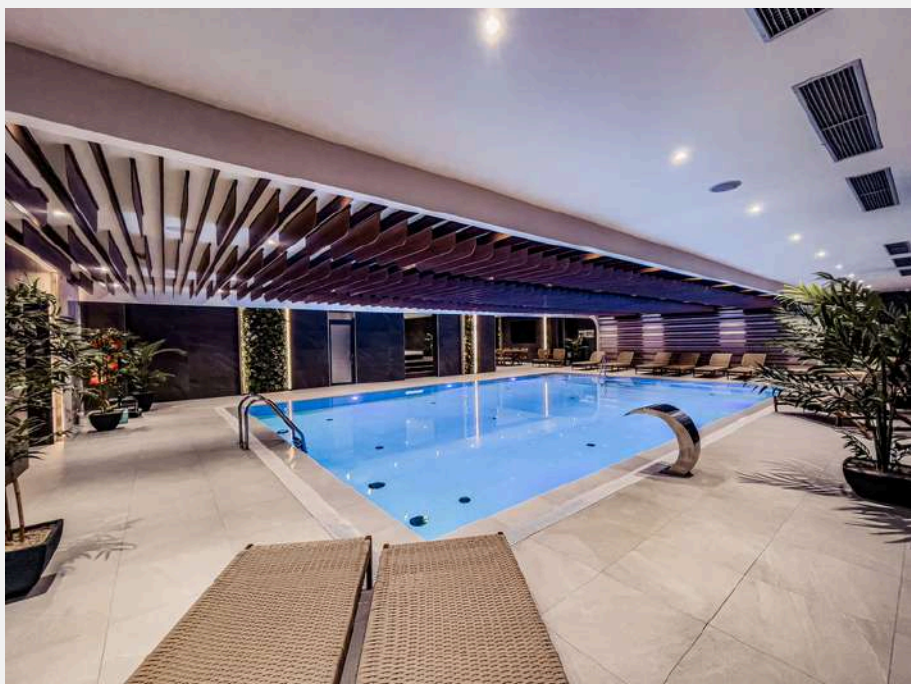
[@calebjudepackham](https://www.instagram.com/calebjudepackham)
wellnesswarrior.yoga

I am a ceremonialist, healer, cacao priestess, spiritual counsellor and sound alchemist, and have been on this path for over two decades. As an explorer of indigenous cultures, including those of the British Isles, I bring shamanic indigenous wisdom rooted in a deep love of Mother Earth and honouring of the sacred, along with a playful, lighthearted energy. I am blessed to be involved in the mission of the 'Earth Elders' part of the Grand Council of the Eagle and Condor - a global initiative focussed on bringing about the ancient Eagle and Condor prophecy.

I have taken many groups to Visoko and was delighted to be invited to join the International Advisory Board of the Bosnian Pyramids. Filled with excitement and a soul longing at the thought of returning, I can't wait to see what magic unfolds for us all on this transformational journey.

Urtema Dolphin

[@urtema_dolphin](https://www.instagram.com/urtema_dolphin)
urtemadolphin.com



What's included

- 4 nights of twin-share accommodation at Hotel Vema
- All meals and drinks
- Access to hotel pool, spa, sauna and fitness facilities
- All meditations, activations, sound journeys, medicine ceremonies and yoga
- Archaeological Park entrance fees
- Guided tours and hikes
- Round-trip transportation from Sarajevo International Airport

Cost excludes international flights and travel insurance

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FAQs

Are all the meals vegan and vegetarian?

Yes, we feel this is important to keep us all on the same high vibration.

Can I drink alcohol with my meals?

This will be a dry retreat to fully receive all the benefits of the healing vibration?

How difficult is the yoga?

The yoga practice is designed for all levels and bodies, with no experience necessary.

Do I need to bring a yoga mat ?

No, the sessions will be held in a lovely carpeted studio.

What fitness level is needed for the hiking and climbing of the pyramids?

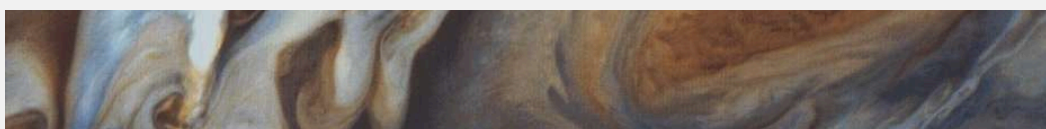
A moderate level of fitness is ideal. However, in previous groups, individuals with injuries, illnesses and disabilities have successfully reached the summits of the pyramids after experiencing the remarkable healing energies of the tunnels.

Is it possible to have my own room?

Yes, a limited number of single rooms are available on a first-come, first-served basis, with a £100 surcharge.

What essentials do I need to bring?

Comfortable, weather-proof clothing, sturdy walking shoes and your swimwear. Also, pocket money for snacks and souvenirs.



Pricing and registration



Take advantage of our Early Bird offer until July 31, 2024, for £1,100. Secure your place with a £450 deposit by July 31, with the balance due by August 31. Regular price after July 31 is £1,300.

Secure your spot today! With only 14 spots available, this exclusive opportunity won't last long. Book now to ensure you don't miss out!

Click [here](#) to register or enquire

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